



How to measure

- Chest**
Place the tape close up to the under arms, measure chest at the fullest part.
- Waist**
Measure around the natural waistline.
- Hips**
Measure around the bottom, at the fullest part.
- Inside leg**
Measure from the crotch to the hem of trousers.
- Kilt**
Measure from waist to just below knee for kilt length

Conversion Chart

Garment sized to fit			22	23	24	26	28	30	32	34	36	38	40	42	44	46			
Chest size	inches																		
	cm		56	58	61	66	68	71	81	86	91	96	102	107	112	117			
Waist size	inches		20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	36	38
	cm		51	53	56	58	61	63	66	68	71	73	76	79	81	84	86	91	96
Lengths	inches		12	13	14	16	18	20	22	24	26	27	28	29	30	31	32	33	34
	cm		30	33	35	41	45	51	56	61	66	68	71	73	76	79	81	84	86
Shoe/Sock size	UK		3-6	7-12															
	Euro		36-40	41-47															